



Courtesy: <https://roadragerreminder.com/>

Carri Casteel receives 2024 Distinguished Career Award

Carri Casteel, professor of occupational and environmental health in the University of Iowa College of Public Health, recently received the 2024 Distinguished Career Award from the APHA Injury Control and Emergency Health Services (ICEHS) Section. The award was presented Oct. 28 at the ICEHS Section dinner.

The Distinguished Career Award is given for outstanding dedication and leadership in the science of injury control and emergency health services, with contributions and achievements that have a significant and long-term impact on the field of injury.

Casteel is the director of the University of Iowa Injury Prevention Research Center, a CDC-funded center, and program director for the Occupational Injury Prevention Program within the NIOSH-funded Heartland Center for Occupational Safety and Health at the University of Iowa. Since 1995, she has actively contributed to the Injury Control and Emergency Health Services section of the American Public Health Association, including roles on award and development committees. Her career in injury control spans research, teaching, and service.



OSHA's Top 10

The most frequently cited standards for fiscal year 2024 as reported by [Safety & Health Magazine](#).

1. Fall Protection - General Requirements
2. Hazard Communication
3. Ladder
4. Respiratory Protection
5. Lockout/Tagout
6. Powered Industrial Trucks
7. Fall Protection - Training Requirements
8. Scaffolding
9. Personal Protective and Lifesaving Equipment - Eye and Face Protection
10. Machine Guarding

The OSHA Top 10 Most Frequently Cited Standards list is a valuable resource to prioritize your compliance efforts and ensure your safety programs address the most common and serious workplace hazards.



Heartland Center Trainees Receive Academic Scholarship at the 53rd Iowa Governor's Safety and Health Conference



Every year, the **Iowa Governor's Safety & Health Conference** awards academic scholarships for Iowa students studying occupational safety. At the 2024 conference held in Altoona in October, nine students received a sum total of \$11,500 in scholarships, including the following

Heartland Center Trainees.

Jack Beno Scholarship
Sierra Virden

Bill Dickinson Scholarship
Jared Jimenez

ASSP Hawkeye Chapter
Tyler Guzowski

**Iowa Occupational Safety & Health
Advisory Council Scholarship**
Anna Proctor
Jack Wachowski

Heartland Center's Pilot Project Research Training (PPRT) Program

The Heartland Center's Pilot Project Research Training (PPRT) Program welcomes proposals from Occupational Health and Safety (OHS) investigators within Federal Region VII and encourages the submission of proposals from underrepresented minority (URM) researchers. Funding priority is given to Junior Investigators (e.g., Assistant Professors, Post-Doctoral Scholars, etc.) developing a new research initiative in an OHS area, and students pursuing a MS or PhD degree. Research projects must be related to one of the National Occupational Research Agenda (NORA) research areas or cross-sector research areas (<https://www.cdc.gov/nora/councils/default.html>) and pertain to an occupational health or safety issue. The research must be conducted in the United States.

Applications are now being accepted with a deadline of March 3rd, 2025.

Dr. Nir Keren has been awarded the 2024 Gary Hawk Award

Dr. Nir Keren, ERC Program Director for the Occupational Safety and Pilot Grant Programs has been awarded the 2024 Gary Hawk Award by the Iowa Occupational Safety and Health Advisory Council. The Gary Hawk Award is awarded to an occupational safety and health professional who has demonstrated long term impact to people and/or organizations related to safety and health, who have the ability to teach others, demonstrated leadership in establishing, maintaining, and improving safety and health and have documented successful impacts related to safety and health.

Read more about Dr. Keren and the Gary Hawk Award here:

<https://www.iowagshc.com/scholarships-awards/gary-hawk-safety-award/>



Explore Topics from NIOSH

In **this website** you can find a featured article by NIOSH Director Dr. John Howard on **Protecting Workers From the Cold** in addition to:

- Research Rounds
- Highlights
- Federal Register Notices
- New Communication Products
- NORA (National Occupational Research Agenda)

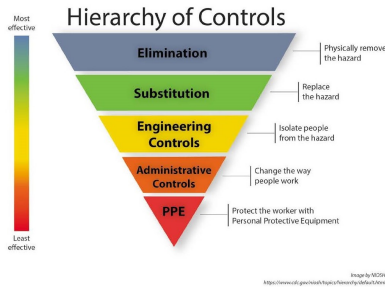


Reducing Hearing Loss in Recycling Workers

Workers in recycling facilities are at risk of hearing loss due to noise exposure from machines such as industrial shredders and balers. They may also be exposed to hazardous chemicals that can damage their hearing (ototoxicants). NIOSH provides information (based on NIOSH practices for protecting workers from chemicals and noise exposures) to reduce hazardous noise and chemical exposures for workers in recycling.

Recycling facilities include work-places that receive automotive scrap, industrial scrap, electronic waste (e-waste), or other recyclable materials to process and resell [ISRI 2023].

Follow [THIS LINK](#) for more information and a printable publication.



Continuing Education Programs

Check out the Heartland Center's online events calendar at HeartlandERC.org to keep track of our upcoming continuing education events.

Follow the **Heartland Center** on social media for regular occupational health and safety updates:

 **Facebook**
facebook.com/HeartlandCenterERC/

 **Twitter**
twitter.com/heartlandcntr

 **LinkedIn**
linkedin.com/groups/8420341

 **Instagram**
instagram.com/heartlandcntr/

 **YouTube**
www.youtube.com/@heartlandcntr

Interim Guidance for Employers to Reduce Exposure to Avian Influenza A Viruses (Such as H5N1) for People Working with Animals

Humans can be infected with avian influenza A viruses, such as viruses that cause H5N1 bird flu, when enough virus gets into a person's eyes, nose, or mouth, or is inhaled. When virus is in the air (such as in droplets from splashes, small particles, or dust), it can deposit on the mucus membranes of the mouth, eyes, or nose. A person can also breathe the virus in from the air. Infections can also happen when a person gets virus on their skin or clothes and accidentally transfers it to their eyes, nose, or mouth. For example, when a person is splashed by a liquid that has the virus, touches their contaminated clothes, and later touches their eyes.

Click [HERE](#) to visit the website for a complete information.



2025 Hawkeye Chapter Professional Development Conference

When: Thursday, May 15
Time: 9:00 am - 3:30 pm

Click [HERE](#) to register now!

CAOHC-Approved Occupational Hearing Conservationist Recertification Course

This course is designed to provide a review of the basic components of hearing conservation in industrial settings and prepare participants to continue performing hearing testing and otherwise support their hearing conservation programs.

Online: February 17 / March 17 to March 21

Onsite Davenport: February 18 / March 20

Onsite Altoona: February 19 / March 21

Click [HERE](#) for more information

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