



HEARTLAND SYMPOSIUM

November 14-15, 2024

**Radisson Hotel & Conference Center
Coralville, IA**

IOWA
HEALTH CARE



Heartland
CENTER FOR OCCUPATIONAL
Health & Safety



HEALTHIER WORKFORCE
CENTER of the MIDWEST

REGISTRATION

Attendee Pass - \$200

Attend the conference on Thursday, November 14 and/or Friday, November 15. Heartland Center Trainees can attend at no cost.

Exhibitor Table - \$350

Register to exhibit on Thursday, November 11. Includes attendance and lunch for 2 people. Exhibitor slots are limited.

Cancellation Policy: If registration is cancelled prior to November 10, 2024, the registration fee will be refunded less a \$30 handling charge. If cancelled on or after November 10, the full amount will be invoiced.

CONTINUING EDUCATION CREDITS

Nursing Credit

Nursing credits pending application approval. The Heartland Center requires full time attendance each day for nursing credit.

With full time attendance:

- Thursday, November 14, 6 contact hours will be awarded.
- Friday, November 15, 3 contact hours will be awarded.

Attendance on both November 14 and November 15 awards a total of 9 contact hours.

Certificates will be issued by Kirkwood Community College (Iowa Board of Nursing, Provider #30) via email 2-3 weeks following workshop date. All allied health professions are reminded that they are responsible for reviewing the governing rules of their boards to determine if appropriate subject matter criteria will apply. Participants should be prepared to provide license information when registering.

The Heartland Center will award 9 hours of general continuing education credit for full participation.

Questions?

Contact Tammi Goerdts at tammi-goerdts@uiowa.edu.

ACCOMMODATIONS

Radisson Hotel & Conference Center
1220 1st Ave, Coralville, IA 52241
319-351-5049 | www.radissonhotels.com

PLANNING COMMITTEE

Tammi Goerdts

Director of Continuing Education & Outreach, Heartland Center for Occupational Health and Safety

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Horacio Borgen Alfaro

Continuing Education & Outreach Coordinator, Heartland Center for Occupational Health and Safety

PURPOSE

This symposium will address the ever-changing nature of work and the implications of these changes for the health, safety, and well-being of workers.

INTENDED AUDIENCE

This symposium is intended for nurses, nurse practitioners, physicians, physician assistants, safety professionals, human resources professionals, administrators, wellness administrators, and other individuals interested in improving the health and safety of workers.

JOINTLY PROVIDED BY

The University of Iowa's College of Public Health's Heartland Center for Occupational Health & Safety, Healthier Workforce Center of the Midwest, and the UI Occupational Health.

THURSDAY, November 14

7:15 am	Registration, Exhibits, and Breakfast
7:50 am	Welcome and Announcements
8:00 am	A National Framework for Mental Health and Wellbeing for Workers - Casey Chosewood, MD MPH
9:00 am	Exhibits and Refreshment Break
9:30 am	Surveillance in Workers' Compensation Claims - Pros and Cons and Tips on When and How to Utilize Surveillance on Claims - Attorney Jason Wiltfang
10:35 am	Common Office Hazards - Peggy Petersen, Iowa OSHA
11:35 am	Lunch (provided) and Exhibits
12:30 pm	Application of current concussion research with Work Re-Entry Program in a Rehabilitation Setting - Virginia Schweitzer and Sarah Lockard
1:35 pm	Recordkeeping – Do's Don'ts and Make Dang Sure You Did! – Peggy Peterson
2:30 pm	Exhibits and Refreshment Break
3:00 pm	Traumatic Spine Injuries – Dr. Catherine Olinger, MD, MS, FAAOS
4:00 pm	Adjourn

FRIDAY, November 15

7:30 am	Registration, Breakfast and Exhibits
8:00 am	Tune into Safety: Exploring Occupational Hearing Protection and Importance - Kellsie Busho, AuD
9:00 am	Navigating Leave and Disability: Facilitating Compliance, Fostering Empathy, and Enhancing Mental Health Accommodations - Aarin Harper, BS Psychology; MS Organization
10:00 am	Break and Exhibits
10:15 am	"Ask the Doc" Panel Discussion - Dr. Christopher Iverson, MD, MBA, MPH and Dr. Jeff Westpheling, MD
11:30 am	Adjourn

EDUCATIONAL OBJECTIVES

Upon completion of this program, participants will be able to:

Chosewood: Identify key elements of the US Surgeon General's workplace wellbeing and burnout prevention campaigns.

Chosewood: Summarize the essential elements of the Total Worker Health approach.

Wiltfang: To educate employers and insurance professionals of which claims would benefit from surveillance and which ones may not.

Wiltfang: Educate employers/insurers on the importance of quality surveillance and when surveillance is most effective in a claim.

Peterson (1): Understand what OSHA looks for, identifies as a hazard, and what OSHA would recommend as corrective action to the hazard.

Peterson (1): Learn how to identify everyday hazards, whether at work or home, that don't always appear to be obvious.

Peterson (2): Complete the OSHA 300 Injury and Illness log correctly.

Peterson (2): Understand the difference between OSHA ITA and BLS survey.

Busho: Identify types and causes of hearing loss, and bases for appropriate review and referral.

Busho: Describe the effects of hearing loss on communication, safety, and quality of life.

Harper: High level overview of FMLA, ADA, PWFA and common compliance concerns

Harper: Fostering empathy while supporting operational goals.

Iverson/Westpheling: Discuss difficult occupational medicine scenarios and how to best handle them.

Schweitzer/Lockard: Define the role of the multidisciplinary rehabilitation team in addressing return to work goals for these individuals including identification of barriers to return to work goals for individuals who have sustained traumatic brain injury (TBI), cerebrovascular accident/stroke (CVA), and spinal cord injury (SCI) and the benefits of addressing these goals in the rehabilitation setting.

Schweitzer/Lockard: Apply most recent rehabilitation recommendations following concussion injuries, describe intervention strategies, accommodations, and case examples for return to work within the rehabilitation setting, using Madonna Rehabilitation Hospitals Work Re-entry Program as a model.

Olinger: Understand how to approach a trauma patient with a spine injury or potential spine injury.

Olinger: Understand the goals of surgery and complications that may come with surgery.

Olinger: Explain necessary considerations for work-related injuries related to spinal trauma.

PROGRAM FACULTY

Casey Chosewood, MD MPH

Associate Director for Strategic Priorities, and Director of the Office for Total Worker Health® at the National Institute for Occupational Safety and Health

Christopher Iverson, MD, MBA, MPH

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Clinical Assistant Professor, University of Iowa

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Virginia Schweitzer COTA/L

Previously Program Leader for Work Reentry Program at Madonna Rehabilitation Hospitals

Sara Lockard, PT, DPT, CBIS

Outpatient Brain Injury Program Leader at Madonna Rehabilitation Hospital