OCCUPATIONAL HEALTH SYMPOSIUM 2017
April 20-21, the Hotel at Kirkwood Center, Cedar Rapids, Iowa
Occupational Health Symposium 2017

Purpose: This symposium will address the ever-changing nature of work and the implications of these changes for the health, safety, and well-being of workers.

Intended Audience: This symposium is intended for nurses, nurse practitioners, physicians, physician assistants, safety professionals, human resources professionals, administrators, wellness administrators, and other individuals interested in improving the health and safety of workers.

Jointly Provided by: The University of Iowa's College of Public Health's Heartland Center for Occupational Health & Safety, Healthier Workforce Center of the Midwest, and WORKSAFE IOWA, with the University of Iowa College of Nursing and Center for Conferences.

One-Day Pass

Attend the conference on Thursday, April 20 or Friday, April 21.

$130  General Public
$120  University of Iowa Alumni
$105  NIAOHN Members
$0    Heartland Center Trainees

Click Here to Register Online for Thursday Only

Click Here to Register Online for Friday Only

Two-Day Pass

Attend both days of the conference and hear from every speaker.

$230  General Public
$220  University of Iowa Alumni
$205  NIAOHN Members
$0    Heartland Center Trainees

Click Here to Register Online for Both Days

Cancellation/Refund Policy: If registration is cancelled on or before April 3, 2017, the registration fee will be refunded less a $30 handling charge. No-shows or cancellations after April 3, 2017 will be invoiced the full registration fee.

The Hotel at Kirkwood Center
7725 Kirkwood Blvd SW
Cedar Rapids, Iowa 52404
319-848-8700 or 877-751-5111
thehotelatkirkwood.com

The Hotel at Kirkwood Center has reserved a block of rooms for April 19 and 20. To receive a block rate discount, call the hotel and make a reservation. Make sure to mention that you're with the Occupational Health Symposium.

Free parking is available at the hotel.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker/Details</th>
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</thead>
<tbody>
<tr>
<td>7:30 am</td>
<td>Registration, Exhibits, and Breakfast</td>
<td></td>
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<tr>
<td>7:55 am</td>
<td>Welcome and Announcements</td>
<td></td>
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<tr>
<td>8:00 am</td>
<td>Telehealth Applications in Occupational Health</td>
<td>Jon Fields, MD, MBA, MPH</td>
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<tr>
<td>9:00 am</td>
<td>Case Review of Hexavalent Chromium Employee Exposure above PEL</td>
<td>Kent A. Candee, CIH</td>
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<tr>
<td>10:00 am</td>
<td>Exhibits and Refreshment Break</td>
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<tr>
<td>10:30 am</td>
<td>Job Descriptions that Lower Work Comp Costs</td>
<td>Mindy Oxenford, PT, DPT</td>
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<tr>
<td>11:30 am</td>
<td>Lunch (provided) and Exhibits</td>
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<tr>
<td>12:30 pm</td>
<td>An Integrated Approach to Opioids in the Workplace</td>
<td>Linda Van Dillen, RN, BA, CCM</td>
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<tr>
<td>1:30 pm</td>
<td>Active Shooter Response and Awareness</td>
<td>Lt. Charlie Fields</td>
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<tr>
<td>2:30 pm</td>
<td>Exhibits and Refreshment Break</td>
<td></td>
</tr>
<tr>
<td>3:00 pm</td>
<td>OSHA Update</td>
<td>Michael Whitmore</td>
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<tr>
<td>4:00 pm</td>
<td>Adjourn</td>
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**Educational Objectives**

Upon completion of this program, participants will be able to:

**Fields:** Discuss the potential advantages and limitations of telemedicine technology in the workplace.

**Candee:** Recall the biological indicator for hexavalent chromium and when to monitor selected employees.

**Oxenford:** Identify the measures included in a good job description.

**Oxenford:** Explain how a good job description can help prevent worker injuries and lower work comp costs.

**Van Dillen:** Summarize the elements of a comprehensive opioid protocol for the workplace.

**Lt. Fields:** Identify the range of options available to them when they are faced with an active threat event.

**Whitmore:** Summarize OSHA updates and how they affect employers in Iowa.

**Program Faculty**

The program’s sponsors wish to thank the following for sharing their expertise with Occupational Health Symposium 2017:

- **Kent A. Candee, CIH** — Environmental Health Services Manager, EMC Insurance Companies
- **Lt. Charlie Fields** — Administrative Operations Lieutenant, Cedar Rapids Police Department
- **Jon Fields, MD, MBA, MPH** — Medical Director, UnityPoint Health at Work
- **Mindy Oxenford, PT, DPT** — Director of Outpatient Services, Millennium Therapy & E3 Millennium Therapy
- **Linda Van Dillen, RN, BA, CCM** — Chief Communications Officer, CompAlliance
- **Michael Whitmore** — Compliance Assistance Specialist, Iowa OSHA
# Agenda — Friday, April 21, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00 am</td>
<td>Registration, Exhibits, and Breakfast</td>
</tr>
<tr>
<td>8:25 am</td>
<td>Welcome and Announcements</td>
</tr>
<tr>
<td>8:30 am</td>
<td>The Value of Chiropractic Services in Occupational Medicine</td>
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<tr>
<td></td>
<td>Brad Brooks, DC</td>
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<tr>
<td>9:30 am</td>
<td>Creating Change with Ergonomics</td>
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<tr>
<td></td>
<td>Don Triggs, MS</td>
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<tr>
<td>10:30 am</td>
<td>Exhibits and Refreshment Break</td>
</tr>
<tr>
<td>11:00 am</td>
<td>Medical and Return to Work Issues Involving Injured Workers</td>
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<tr>
<td></td>
<td>Matthew D. Dake, Attorney at Law</td>
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<tr>
<td>12:00 noon</td>
<td>Lunch (provided) and Exhibits</td>
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<tr>
<td>1:00 pm</td>
<td>Employee Engagement and Understanding the Why of Safety</td>
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<td>Sarah Allender, BS</td>
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<tr>
<td>2:00 pm</td>
<td>Wellbeing – How to Broaden Your Organization’s Perspective</td>
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<tr>
<td></td>
<td>Teresa Niner, BA</td>
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<tr>
<td>3:00 pm</td>
<td>Adjourn</td>
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## Educational Objectives

Upon completion of this program, participants will be able to:

**Brooks:** Explain how chiropractic care can serve as a valuable modality in the treatment of occupational injuries.

**Triggs:** Describe how to roll out and implement a successful ergonomics initiative despite resistance to change within your organization.

**Dake:** Discuss legal issues relating to the return of injured employees to work, including communicating with legally represented employees and the intersection of light duty and medical treatment.

**Allender:** Identify steps to engage employees in safety programs.

**Niner:** Discuss how behavioral economics can influence the success of your wellbeing program.

## Program Faculty

The program’s sponsors wish to thank the following for sharing their expertise with Occupational Health Symposium 2017:

- **Sarah Allender, BS** — Risk Solutions Advisor, Risk Management, TrueNorth
- **Brad Brooks, DC** — Chiropractic Physician, NRCME, Covenant Clinic Occupational Medicine & Wellness, Wheaton Franciscan Healthcare
- **Matthew D. Dake** — Attorney at Law, Wertz, Dake & Anderson, P.C.
- **Teresa Niner, BA** — Senior Manager, Benefits & Wellness, ACT, Inc.
- **Don Triggs, MS** — Principle Lean Consultant, Rockwell Collins
Nurse CEUs

The University of Iowa College of Nursing is an Iowa board of Nursing Approved Provider Number 1. The Heartland Center requires full time attendance each day for CEU award.

Contact hours each day:

- Thursday, April 20 awards 7.2 hours.
- Friday, April 21 awards 6.0 hours.

Attendance on both Thursday, April 20 and Friday, April 21 awards a total of 13.2 contact hours.

General CEUs

General CEUs will be awarded by the UI Center for Conferences.

Contact hours each day:

- Thursday, April 20 awards 6.0 hours.
- Friday, April 21 awards 5.0 hours.

Attendance on both Thursday, April 20 and Friday, April 21 awards a total of 11.0 contact hours (1.1 General CEUs). The Heartland Center requires full time attendance each day for CEU award.

Questions?

Contact Mike Meginnis at 319-335-4684 or michael-meginnis@uiowa.edu.